

# PRINTS CHARMING

PURCHASE OUR EXCLUSIVE BRACELET AND  
SUPPORT PAW FOR A CAUSE



In the United States millions of animals die in shelters every year. With the net proceeds from the sales of these charming bracelets you can help build a model humane no-kill shelter that provides spay and neuter services.

\*Sterling silver paw charm with diamond on pink, black or red silk cord, \$95.  
Charm bracelet without diamond, \$65.

To order, go to: [www.pawforacause.org](http://www.pawforacause.org) or  
[www.londonjewelers.com](http://www.londonjewelers.com) or call 877.601.9924

8<sup>TH</sup>  
ANNIVERSARY  
**LONDON**  
JEWELERS  
EST. 1926

Americana Manhasset 516-627-7475 • Wheatley Plaza 516-621-8844

Glen Cove 516-671-3154 • East Hampton 631-329-3939

Southampton 631-287-4499

[www.londonjewelers.com](http://www.londonjewelers.com) • [www.facebook.com/LondonJewelers](http://www.facebook.com/LondonJewelers)

70807

## Joseph D. Ruffo, D.P.M.

and

## Jan Budnick

Announce  
the Opening of their  
Podiatry Office

at

**1 School Street, Glen Cove**

### Specializing in:

- Podiatric Surgery
- Diabetic Foot Care
- Sports Injuries
- Flat Feet
- Bunions
- Hammertoes
- Ingrown Toenails
- Fungal Problems



Dr. Ruffo has been practicing podiatry for 12 years.

He & Jan worked together for the past 10 years in Oyster Bay.

All patients treated personally by Dr. Ruffo all the time

All patients welcome; infants, children, adults and the elderly

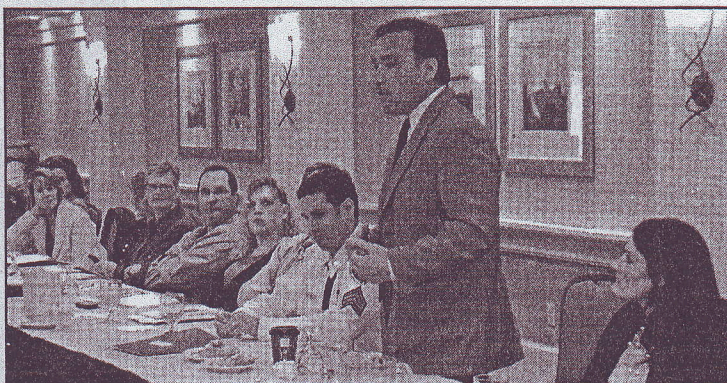
House calls and evening hours available. Most insurance plans accepted.

70959

**Call for an Appointment**  
**Joseph D. Ruffo, D.P.M.**

**1 School Street Suite 203 • Glen Cove, NY 11542 • 516-686-6969**

## SAFE'S PRIDE PROJECT COALITION



Councilman Tony Jimenez, PRIDE Community Committee chair, addresses to EUDL panel of sub-grantees about the effectiveness of community partnerships in implementing environmental strategies.

### Teens as Teachers in Glen Cove

Glen Cove Middle School students know the dangers of tobacco use and are busy spreading the message to their younger counterparts. The "Teens as Teachers" (T.A.T.) program is a peer leadership initiative, where Finley Middle School students are trained with tobacco knowledge and the skills necessary to teach a full period lesson to student grades 3-5 in Glen Cove. This program was implemented at both Connolly and Landing schools and one thing is certain - students are hearing the anti-tobacco message loud and clear.

Each lesson starts off with small group breakout sessions where the peer educators test the students' knowledge of tobacco facts. The students then participate in a series of games and activities that reinforce their newly acquired knowledge while incorporating a movement-centered physical education session. The Teens as Teachers are effective by challenging the elementary school students to resist and refuse negative peer pressure and other negative influences in our society. The T.A.T. Group's objectives are to emphasize the importance of preventing the onset of drug use.

"I am proud of these T.A.T. students because they are making a positive impact on the future of our society," reported Anthony Gallo, Finley Middle School Health Educator, T.A.T. advisor, and PRIDE Coalition Co-Chair. "The fact is that on any given year in the United States, there are 400,000 people that are dying prematurely from a tobacco related illness. Most of these people that are dying because of tobacco related illnesses started using tobacco products during their teenage years. I am very proud of the T.A.T. Group because they are making a difference in our Glen Cove community, they are leading by example, and they are inspiring the children of Glen Cove to lead a healthy lifestyle."

Perhaps most unique about this program is the platform it provides for exposing

these students to the marketing strategies of the tobacco industry. In New York State alone, Big Tobacco spends \$430 million annually in marketing their products. Furthermore, research shows that youth in NY prefer the 3 most heavily advertised brands, proving their marketing efforts effective. Programs such as T.A.T. teach students critical thinking skills and bolsters self-esteem,

increasing the likelihood that they will not fall victim to such advertising and the hazardous effects of tobacco use.

"Tony Gallo's students at the Finley Middle School are executing the teen teaching training exactly as it was intended," stated Gail Volk, School Health Policy Special-

ist at Western Suffolk BOCES. "They used their tobacco knowledge acquired through the training that Western Suffolk BOCES provided to develop and skill-fully deliver an interactive lesson to younger students at Landing and Connolly schools. Peer leadership programs are effective for the students being taught in the lower grades as well as for the student trainers. As the Healthy Schools NY Nassau County Coordinator, I delighted that Glen Cove School District has institutionalized this training."

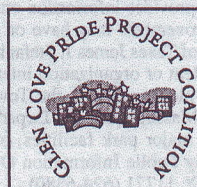
When asked about their thoughts about teaching the program, the peer educators had a lot to say.

"Teaching this program is a fun experience. We have a big influence on them and are doing something good for the community," said Casandra Maher.

Kevin Shannon stated, "When we tell the kids how much money it costs to smoke, they are really surprised." Arthur Natale added, "When we tell them about the diseases they can get, it leaves an impact. It really opens their eyes."

"It's different teaching as a teen because they really look up to us," said Selena Guastella. Caitlin Brown added, "I wish we had this program when I was at

(continued on page 28)



PRIDE Representatives pictured with OASAS EUDL Representative. From Left: Sgt. Chris Ortiz, Glen Cove Police Department; Dr. Sharon Harris, SAFE Executive Director; Walter Davies, NYS OASAS; Councilman Tony Jimenez, Community Committee Chair; Paula Castiglia, PRIDE Project Coordinator.



## SAFE's Pride Project Coalition

(continued from page 14)

Landing School, it definitely would have had a lasting impact on me."

"After having this program, kids will think twice about smoking," said Taylor Grella.

For more information on the dangers of smoking or how to get help to quit, contact the SAFE, Inc. office at 676-2008.

### SAFE's PRIDE Coalition Travels To Albany to Spread Message

If you have a youth in your life, you have most likely worried about the potential risks of underage drinking, and rightfully so. According to the Substance Abuse and Mental Health Association of America (SAMHSA), many more young people use alcohol than tobacco and other drugs, and by age 18, 70 percent of teens have had at least one drink. Furthermore, alcohol use among adolescents is associated with poor grades, absenteeism, and higher rates of school drop out.

According to the Bach-Harrison Prevention Needs Assessment administered in January 2010, the rates reported for alcohol use by teens are above national norms, with 25 percent of students reporting taking part in binge drinking. Students reported a lower perception of risk for alcohol use along with a perception that "everyone is doing it", which may lead to internal pressure to be like "everyone" and use alcohol, tobacco, or other drugs. Most high school seniors reported that it is very easy for them to obtain alcohol products and drinking and driving rates are as high as 20 percent among this grade level.

Alcohol use by young people is often made possible by adults, including social hosting by parents and the illegal sale of alcohol to minors. Through the Enforcing Underage Drinking Grant (EUDL) from New York State Office of Alcoholism and Substance Abuse (OASAS), SAFE Inc.'s PRIDE Project Coalition and the Glen



The 2010-11 Teens as Teachers with students at Landing School. The Teens as Teachers include: Rose Pangari, Selena Guastella, Arthur Natale, Casandra Maher, Sara Testa, Taylor Grella, Kevin Shannon, Joseph Reyes, Caitlin Brown, and Diana Delgado.

Cove Police Department have been able to partner to increase law enforcement efforts, while also providing informative media campaigns and increased public education. Policing efforts include shoulder tap drills, the use of underage decoys, and the implementation of party patrols at times that are high risk for underage drinking, such as prom and graduation season. Through the use of these environmental strategies, the PRIDE Coalition and the Glen Cove Police Department have been able to decrease the availability of alcohol to youth and teens in Glen Cove.

On April 14 the PRIDE Coalition's Community Committee leadership team traveled to Albany, NY to meet with other EUDL sub-grantees from across New York State. The PRIDE Coalition showcased their accomplishments, including the SAFE Inc. public service announcement, public education events, and 100 percent vendor compli-

ance for the sale of alcohol as of April 2011.

"It was a great experience sharing Glen Cove's EUDL success stories to a statewide audience in Albany," reported Councilman Tony Jimenez, PRIDE Community Committee Chair. "The cooperation of City government, law enforcement, community and SAFE, Inc. is invaluable in our being recognized as a model for other localities to learn from."

"The partnership between SAFE, Inc. and the Glen Cove Police Department is the key to making sustainable change regarding alcohol in our community," stated Dr. Sharon Harris, SAFE Inc. executive director and PRIDE Coalition Co-Chair. "By utilizing environmental strategies, we have been able to change social norms pertaining to alcohol, paving the way for a safer Glen Cove. We are grateful to have the opportunity to utilize the EUDL funds to accomplish this goal."

For more information regarding SAFE, Inc. and the PRIDE Coalition, or to view SAFE Inc.'s Public Service Announcement, visit [www.safeglen Cove.org](http://www.safeglen Cove.org). Want to follow the PRIDE Coalition on Facebook? Find us at <http://www.facebook.com/GlenCovePrideCoalition>.

SAFE Inc. is committed to eliminating teen alcohol use in Glen Cove. Through a combination of prevention, education, and law enforcement efforts, SAFE Inc. combats the devastating effects that can result from underage drinking and drug use in order to build a safer Glen Cove.

Through a combination of prevention, education, and law enforcement efforts, the SAFE Inc. PRIDE Project Coalition remains committed to combating the devastating effects that can result from underage drinking and drug use in order to build a safer Glen Cove. In 2004, and again in 2008, SAFE, Inc. received a Drug-Free Communities Support Program Grant from the Office of National Drug Control Policy, making it one of only 224 agencies nationwide to be so awarded. In addition, the Coalition works in conjunction with the Glen Cove Police Department under a grant for the Enforcement of Underage Drinking Laws. The PRIDE Project Coalition is made up of parents, police personnel, educators, and health care, financial and business professionals and is overseen by SAFE's board of directors.

To obtain teen or parent resources regarding drug and alcohol prevention or treatment, contact the SAFE office at 676-2008. For more information regarding SAFE, Inc. and the PRIDE Coalition, or to view SAFE Inc.'s Public Service Announcement, visit [www.safeglen Cove.org](http://www.safeglen Cove.org). Want to follow the PRIDE Coalition on Facebook? Find them at <http://www.facebook.com/GlenCovePrideCoalition>.