## 7th Annual Health & Fitness Fair a Healthy Success SAFE's PRIDE Coalition Teams up with the Glen Cove Junior Soccer League to Celebrate Health Living

SAFE, Inc. was established in 1981 to combine the strengths of the public and private sectors in the Glen Cove community to provide alcohol and drug prevention services. This organization is the only substance abuse prevention agency in Glen Cove, emphasizing substance abuse intervention and education. In 2004, and again in 2009, SAFE received Drug-Free Communities Support Program funds to support its Coalition and the mission of eliminating alcohol and substance abuse in Glen Cove.

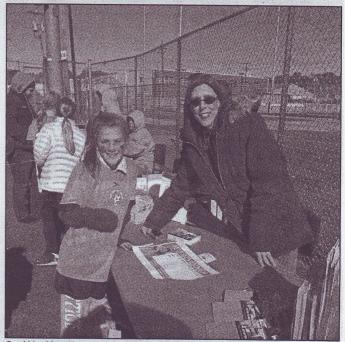
On November 5th, SAFE's PRIDE Project Coalition celebrated their 7th Annual Health & Fitness Fair. Held in conjunction with the Glen Cove Junior Soccer League's Soccer Fest, this event is designed to provide parents and youth with information about healthful services in Glen Cove while celebrating healthy living. As the soccer games were underway, Glen Cove residents could stop by the tables and speak to local doctors, service providers, and representatives from local agencies that promote healthy bodies and minds.

PRIDE Coalition volunteers disseminated over 400 backpacks, containing prevention literature, PRIDE bracelets,

and drug free activity books. Free raffle tickets were offered for all in attendance. with donations by Glen Dance Studio, Glen Cove Department of Parks & Recreation, Subway, the Glen Cove Junior Football League, and Glen Cove Junior Cheerleading. Beverages were donated by Starbucks and Frank's Beverage, while patrons enjoyed apples, courtesy of North Shore Farms.

SAFE Board members Cathy Screnci and Mary Cooper presented a plaque to the Junior Soccer League in appreciation of their continued partnership. "Community collaboration is critical to our continued success. We are quite fortunate to have partners in the community who also believe in alcohol and substance abuse prevention and the promotion of healthy lifestyles" stated Georgie Connett, SAFE Board Chair.

For more information regarding SAFE, Inc and the PRIDE Coalition, contact the SAFE Inc. office at (516) 676-2008. To view SAFE Inc.'s Public Service Announcement visit www.safeglencove. org. You may also find SAFE listed under the Glen Cove PRIDE Project Coalition on Facebook.



Carol Meschkow, Nassau Project Coordinator for the Tobacco Action Coalition of Long Island spent the day promoting the benefits of tobacco free lifestyles to Glen Cove Youth and their



distributing over 400 backpacks filled with prevention literature to Glen Cove residents.