

Health & Fitness Fair A Success

SAFE's PRIDE Coalition teams up with the Glen Cove Junior Soccer League

SUBMITTED BY SAFE INC.

SAFE Inc.'s PRIDE Project Coalition celebrated their 8th Annual Health & Fitness Fair on Nov. 2. Held in conjunction with the Glen Cove Junior Soccer League's Soccer Fest, this event is designed to provide parents and youth with information about healthful services in Glen Cove while celebrating healthy living. As soccer games were underway, Glen Cove residents stopped by the tables and spoke to local doctors, service providers, and representatives from local agencies that promote healthy bodies and minds.

"On behalf of the board of directors and staff of SAFE, we thank the Glen Cove Junior Soccer League for collaborating again with us on our Annual Health and Fitness Fair," said Rev. William F. Wendler, SAFE Board Director.

PRIDE Coalition volunteers disseminated more than 300 backpacks, containing prevention literature, PRIDE stress balls, and free water bottles. Free raffle tickets were offered for all in attendance, with donations from Glen Dance Studio, energyZe Studio, and Retro Fitness. Participating vendors included Nassau County Department of Human Services, Glen Cove Hospital, Retro Fitness, GMA Martial Arts, ChiroWellness, Affinity Health Plan, NY Life Insurance, and WellCare Long Term Care Department.

"It was a great idea having all these different organizations working together to show all that Glen Cove have to offer," said Laurent Caballero, PRIDE Parent Committee Chair. "I was pleased to see the families getting the information and literature from our table."



The need for prevention strategies and community outreach and education has been an ongoing goal for SAFE Inc.'s PRIDE Project Coalition. In 2004, and again in 2008, SAFE, Inc. received a Drug-Free Communities Support Program Grant from the Office of National Drug Control Policy. In addition, the coalition works in conjunction with the Glen Cove Police Department, under a grant for the

Enforcement of Underage Drinking Laws (EUDL), in which a multifaceted collaborative effort is used to decrease underage drinking in Glen Cove. Through a combination of law enforcement, prevention, intervention, and education efforts, the SAFE Inc. PRIDE Project Coalition has made strides in improving the quality of life in Glen Cove by working to eliminate substance abuse and underage

drinking in our city.

For more information regarding SAFE, Inc and the PRIDE Coalition, contact the SAFE Inc. office at 516-676-2008. To view SAFE Inc.'s Public Service Announcement, visit www.safeglen Cove.org. Interested in following the PRIDE Coalition on Facebook? Find them listed under the Glen Cove PRIDE Project Coalition.