

Press Release
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FOR IMMEDIATE RELEASE
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SAFE and Gabriella Weinberg-Gitlin Educate Parents on Opioid Use

On Tuesday evenings from 7-9pm at the Deasy School Mrs. Laurent Caballero, SAFE's bilingual Life Skills Facilitator educates parents using The Botvin Life Skills Training (LST) program. This evidence-based program is designed to help parents strengthen communication with their children and prevent and/or identify drug use. It contains materials and exercises that help parents teach their children the skills that help them resist the threats of tobacco, drugs and violence. These tools help parents prepare their children for a successful transition from adolescence to early adulthood.

On April 24th, parents received a special presentation from Ms. Weinberg-Gitlin, MS, LMHC regarding the opioid epidemic, signs and symptoms of use and resources for parents to help their children. A question and answer session followed whereby parents spoke openly about their concerns, not only about this epidemic but also topics ranging from bullying to self esteem.

The LST program is offered for eight weeks in the Spring and the Fall. For more information about Botvin Life Skills Training, please visit www.lifeskillstraining.com. To learn more about SAFE please visit www.safeglencove.org, or follow them on: www.facebook.com/safeglencovecoalition.