

**Press Release**

September 2, 2019

**FOR IMMEDIATE RELEASE**

**CONTACT:**

Dr. Sharon Harris

516-676-2008

safeglencove@yahoo.com

**SAFE Glen Cove Coalition Welcomes 30<sup>th</sup> Annual Recovery Month**

Every September the Substance Abuse and Mental Health Services Administration (SAMHSA) sponsors Recovery Month to increase awareness and understanding of mental and substance use disorders and celebrate the people who recover. Recovery Month also promotes the message that recovery in all of its forms is possible and encourages citizens to take action to help expand and improve the availability of effective prevention, treatment and recovery services for those in need. The annual theme “Join the Voices for Recovery: Invest in Health, Home, Purpose, and Community” explores how integrated care, a strong community, sense of purpose, and leadership contributes to effective treatments that sustain the recovery of persons with mental and substance use disorders.

In 2019 SAMHSA celebrates the 30th anniversary of National Recovery Month, marking three decades of spreading the message that treatment is effective, and people can and do recover—every day. Through the years, SAMHSA has promoted and supported new evidence-based treatment and recovery practices, the strong and proud recovery community, and dedication of service providers and community members across the nation who make recovery in all its forms possible.

The 2019 Recovery Month theme, “Join the Voices for Recovery: Together We Are Stronger,” emphasizes the need to share resources and build networks across the country to support the many paths to recovery. Mental and substance use disorders affect all of us and that we are all part of the solution. The Recovery Month observance will highlight inspiring stories to help thousands of people from all walks of life find the path to hope, health, and overall wellness.

During the 30th anniversary of Recovery Month, communities across the nation will reflect on their positive strides and their plans to make recovery support services more accessible so people can live meaningful and productive lives. Over the years, recovery-oriented organizations have also played an essential role in states, cities, towns, and neighborhoods to help countless people start and sustain their recovery.

In an effort to make connections with key audiences, the 2019 observance focuses on the healthcare community, youth and emerging leaders, first responders, and community members. The Recovery Month toolkit provides information, resources, and ideas on how to get involved. With your help, the millions of Americans affected by mental and substance use disorders, including co-occurring disorders, will be lifted up into a life in recovery; filled with hope, health, and personal growth.

SAFE Inc. is the only alcohol and substance use prevention agency in Glen Cove dedicated to the elimination of alcohol and substance abuse in the community. The agency, through the SAFE Glen Cove Coalition, continues to work to change societal norms about alcohol and substance abuse through year round prevention, intervention and education activities and events.

For more information about recovery month please visit the *Substance Abuse and Mental Health Services Administration(SAMHSA)* at <http://www.samhsa.gov/recovery>. To download the Tool Kit please visit <https://recoverymonth.gov/sites/default/files/toolkit/National%20Recovery%20Month%202019%20Toolkit.pdf>.

For more information about SAFE and its community based Coalition programs and initiatives contact SAFE at: 516-676-2008 or visit the website at <http://www.safeglencove.org> or Facebook page at <http://www.facebook.com/safeglencovecoalition>.