

Press Release

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**SAFE Glen Cove Coalition: Marijuana Vaping and Edible Use Increasing Among High
School Seniors**

A new research study published in JAMA Pediatrics suggests that among adolescent marijuana users, smoking marijuana has become less prevalent, eclipsed by vaping and edibles. In addition, those who vaped THC or consumed edibles were more likely to use marijuana daily.

Scientists examined data from the Monitoring the Future Survey, which annually documents the self-reported substance use of thousands of young people in the 8th, 10th, and 12th grades. The investigators looked at the prevalence of different modes of marijuana use, including smoking, dabbing, eating, and vaping among students in the 12th grade surveyed between 2015-2018.

During that time period, the percentage of 12th graders smoking marijuana decreased, while vaping and edible use increased—with overall marijuana use remaining steady. Among past year users of marijuana, the percentage of respondents saying they smoked it decreased to 89.3% in 2018 from 94.7% in 2015. Yet in the same group, those who say they used marijuana edibles increased to 39.5% in 2018 from 32.0% in 2015. Similarly, those who maintain they vaped marijuana in 2018 rose to 34.1% from 26.4% in 2015. It is notable that most noncombustible marijuana users also said they smoked marijuana. Of past year users, 30.5% said they used dabbing, a method used to inhale high THC marijuana concentrates.

In 2018, daily use of marijuana was reported as more common among vape and edible users than smokers. In fact, more than one quarter of students who vaped or used edibles in the past year say they used marijuana daily in the past month. Daily marijuana use was reported by 17.6% of the marijuana smokers, 28.5% of the vapers, and 26.7% of those using edibles.

JAMA Pediatrics is a monthly peer-reviewed medical journal published by the American Medical Association. It covers all aspects of pediatrics. For more information please visit www.jamanetwork.com.

SAFE, Inc. is the only alcohol and substance abuse prevention, intervention and education agency in the City of Glen Cove. Its Coalition is concerned about vaping and seeks to educate and update the community regarding its negative consequences. To learn more about the SAFE Glen Cove Coalition please follow us on www.facebook.com/safeglencovecoalition or visit the Vaping Facts and Myths Page of SAFE's website to learn more about how it's detrimental to your health www.safeglencove.org.