



NASSAU COUNTY

DEPARTMENT OF HUMAN SERVICES

Laura Curran
County Executive

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Commissioner

TENTH ISSUE

*****SPECIAL EDITION*****

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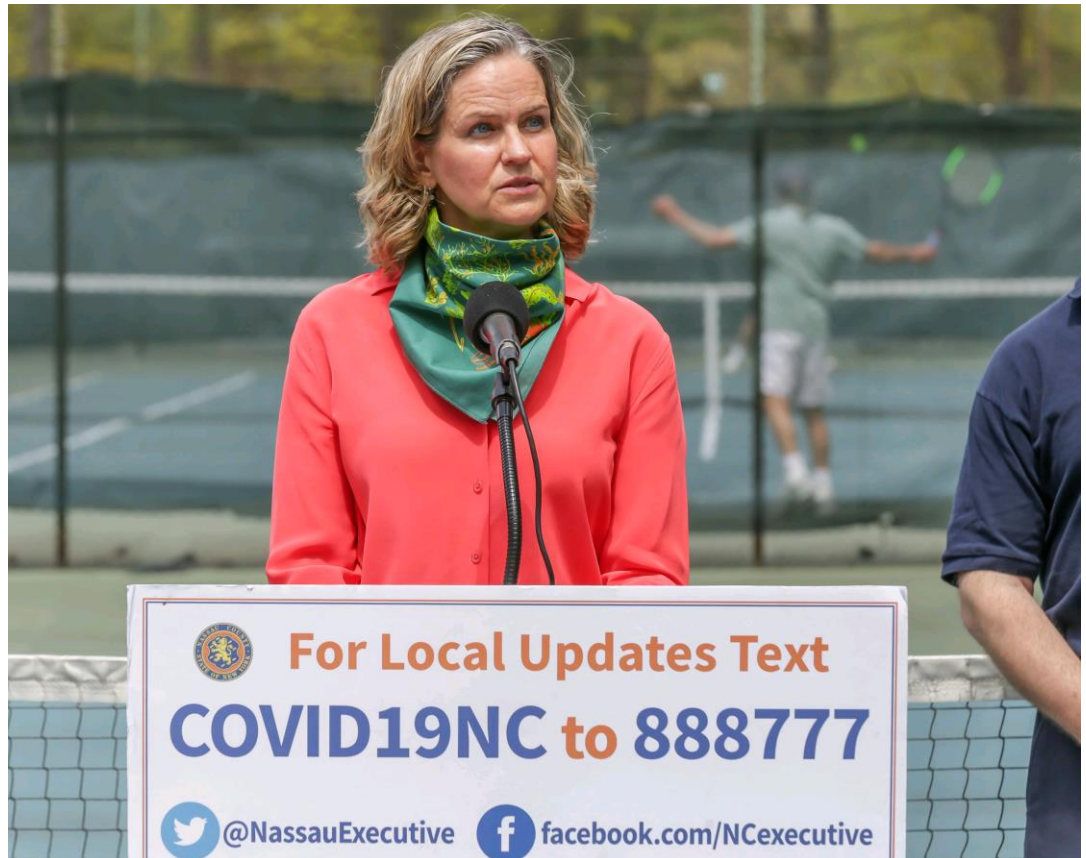
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Briefing Recap Curran Announces Memorial Day Car Parade and New Tennis Guidelines



Nassau County, NY – As Memorial Day weekend approaches, Nassau County Executive Laura Curran announced she will be hosting a Memorial Day car parade to honor those who selflessly lost their lives while fighting for our freedom as well as pay homage to the 75th Anniversary of World War II. Residents are invited to watch the procession live on Facebook. “While we are all working to adapt to this new normal, it is important to find ways to stay true to our values as a community. This year, although we are not able to pay tribute to our fallen heroes in the traditional way, we are proud to honor them and commemorate the 75th anniversary of the end World War II with a car procession that will conclude at our Veterans Memorial at Eisenhower Park. We will properly salute and take time to reflect on those who paid the ultimate sacrifice while defending

our precious freedoms,” said Nassau County Executive Laura Curran. The Memorial Day car parade will take place on Monday, May 25. County Executive Curran and other local dignitaries will join with local veterans’ groups to pay tribute to fallen military personnel. The car parade will lead to the Veterans Memorial at Eisenhower Park. Residents are encouraged to tune in live to salute and remember those who were lost in the line of duty on Facebook at www.facebook.com/ncexecutive. Curran also announced new tennis guidelines as the County’s outdoor tennis courts reopened Friday. These guidelines, implemented to allow residents to practice the sport safely, include:

- Only outdoor courts will open.
- Only singles play.
- Every other court will be utilized.
- Each player should bring their own sleeve of balls and should not touch other balls with hands to prevent cross contamination. Players must use their foot or racket to send the ball back to the other player.
- Do not share equipment.
- To avoid confusion between the tennis balls, players are encouraged to use different colored tennis balls or put a mark (your initials, an X) on their tennis balls so they can easily tell between the two.

For more COVID-19 updates please visit the Nassau County website at www.nassaucountyny.gov



New York Continues COVID-19 Testing Inside Churches to Reach Minority, Low-Income Communities



Testing Available for ALL ESSENTIAL EMPLOYEES FROM ALL INDUSTRIES



LAURA CURRAN
NASSAU COUNTY EXECUTIVE

COVID-19 TESTING

COVID-19 Testing available at Hempstead, Freeport, & Elmont

If you think you or someone in your family has COVID-19,

CALL (516) 396-7500

Testing for COVID-19 Virus is limited in New York State.

If you have any of the below symptoms call for screening:



FEVER



COUGH



SHORTNESS
OF BREATH

Anyone with any of these symptoms should be tested as soon as possible.

Testing will be by appointment ONLY in an outdoor facility at:

South Ocean Care Health Center
101 South Bergen
Freeport NY 11520

Hempstead Health Center
135 Main Street
Hempstead, NY 11550

Elmont Health Center
161 Hempstead Turnpike
Elmont, NY 11003

Westbury Health Center
682 Union Ave
Westbury, NY 11590

at:

All locations are open for
testing Monday - Friday
9:00 A.M. to 1:00 P.M.

Testing will be provided by
appointment ONLY.

Call 516-396-7500 to inquire
about an appointment.

All are welcome to call, regardless of insurance or immigration status.

Thank you and please stay healthy.

Family Health Centers
LONG ISLAND FQHC, INC.

*This service is provided by a partnership of Nassau
County and Long Island FQHC, Inc.
For More Information on LIFQHC:
Visit LIFQHC.org*



Weekly Tips for Working from Home

The outbreak of the coronavirus has most people working from home. If you're new to working remotely, these tips from a home-office pro can help you stay productive and maintain balance.

By Jill Duffy

The global spread of COVID-19, the novel coronavirus, is keeping people at home. Much of the world is on lockdown, and, even in places that aren't, people are encouraged to stay at home. Where it's possible, employers are encouraging or requiring people to work from home for an indeterminate amount of time. If you're new to the work-from-home lifestyle, whether due to coronavirus or because you've managed to find a remote-based job, you'll need to change some of your habits and routines to make working from home a success. I've

worked 100 percent remotely for more than five years, and I have some friends and colleagues who've done it, too. We all face unique challenges, not only because we have different personalities, but also due to our various lifestyles and the type of work we do. Still, many of the core issues we face as remote employees are the same. Everyone who works remotely has to figure out when to work, where to work, and how to create boundaries between work and personal life. What about office equipment, career development, training opportunities, and building relationships with colleagues? Working remotely, especially when working from home most of the time, means figuring out these issues and others. Here are some tips for leading a better and more productive remote-working life, based on my experience and what I've learned from others.



- **Look for Training Opportunities**

When you're not in an office with your fellow employees, you might miss out on training and skills development courses that are taught in person. Your company might even forget to add you to its online training courses. It can be tempting to regard this as a dodged bullet, but you might be missing out on an opportunity to learn something useful. Speak up and make sure you're included. In addition to top-down training, you can request online or in-person courses, training, and coaching if you need it. For people who work remotely 100 percent of the time, look for learning opportunities that are taught at the company's headquarters or your closest office. That way, you get training and face time with colleagues.

- **Overcommunicate**

Working remotely requires you to overcommunicate. Tell everyone who needs to know about your schedule and availability often. When you finish a project or important task, say so. Overcommunicating doesn't necessarily mean you have to write a five-paragraph essay to explain your every move, but it does mean repeating yourself. Joke about how you must have mentioned your upcoming vacation six times already, then mention it again.



Covid Patients Testing Positive After Recovery Aren't Infectious, Study Shows

By Heesu Lee and Jason Gale



Researchers are finding evidence that patients who test positive for the coronavirus after recovering aren't capable of transmitting the infection, and could have the antibodies that prevent them from falling sick again. Scientists from the Korean Centers for Disease Control and Prevention studied 285 Covid-19 survivors who had tested positive for the coronavirus after their illness had apparently resolved, as indicated by a previous negative test result. The so-called re-positive patients weren't found to have spread any lingering infection, and virus samples collected from them couldn't be grown in culture, indicating the patients were shedding non-infectious or dead virus particles. The findings, reported late Monday, are a positive sign for regions looking to open up as more patients recover from the pandemic that has sickened at least 4.8 million people. The emerging evidence from South Korea suggests those who have recovered from Covid-19 present no risk of spreading the coronavirus when physical distancing measures are relaxed. The results mean health authorities in South Korea will no longer consider people infectious after recovering from the illness.

Research last month showed that so-called PCR tests for the coronavirus's nucleic acid can't distinguish between dead and viable virus particles, potentially giving the wrong impression that someone who tests positive for the virus remains infectious. The research may also aid in the debate over antibody tests, which look for markers in the blood that indicate exposure to the novel coronavirus. Experts believe antibodies probably convey some level of protection against the virus, but they don't have any solid proof yet. Nor do they know how long any immunity may last. A recent study in Singapore showed that recovered patients from severe acute respiratory syndrome, or SARS, are found to have "significant levels of neutralizing antibodies" nine to 17 years after initial infection, according to researchers including Danielle E. Anderson of Duke-NUS Medical School. Other scientists have found higher levels of IgM, an antibody that appears in response to exposure to an antigen, in children, according to an article published on medRxiv. That suggests younger populations have the

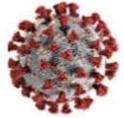
potential to produce a more potent defense against Covid-19. The study has not been certified by peer review.

Revised Protocols

As a result of the findings in the South Korea study, authorities said that under revised protocols, people should no longer be required to test negative for the virus before returning to work or school after they have recovered from their illness and completed their period of isolation. "Under the new protocols, no additional tests are required for cases that have been discharged from isolation," the Korean CDC said in a report. The agency said it will now refer to "re-positive" cases as "PCR re-detected after discharge from isolation." Some coronavirus patients have tested positive again for the virus up to 82 days after becoming infected. Almost all of the cases for which blood tests were taken had antibodies against the virus.



What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



CS 314937A 04/15/2020

cdc.gov/coronavirus



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LAURA CURRAN
 NASSAU COUNTY EXECUTIVE

CORONAVIRUS/COVID-19 “KNOW YOUR RIGHTS”

DISCRIMINATION/HATE CRIMES

- County Executive Curran established an Anti-Hate Task Force, prior to COVID-19, to help protect our residents from discriminatory and hateful activities.
- Protections against discrimination under Nassau County and New York State law remain in effect during this crisis and extend to places of employment, in housing, and in “public accommodation” (such as restaurants, grocery stores, medical facilities).
- Acts of harassment and intimidation of our residents based on their ethnic backgrounds and or fears and stigma associated with COVID-19 will not be tolerated.

HOUSING/TENANT RIGHTS:

- The County Executive’s moratorium on evictions was adopted by Governor Cuomo and protects tenants from eviction for non-payment of rent through June 20, 2020.
- Landlords cannot discriminate against renters who have contracted the Coronavirus or live with someone who has, or because the landlord thinks a person may have had it.

- Landlords cannot treat you unfairly or differently because you are from or look like you are from a country where there has been a serious COVID-19 outbreak.

EMPLOYMENT AND PUBLIC ACCOMMODATION:

- Employers must be sure their policies and practices, including work from home policies, do not discriminate against or treat workers less well based on their protected status, such as race, national origin, citizenship, immigration status, and disability.
- It is illegal for staff at restaurants and other such establishments to kick someone out, refuse to serve, or otherwise treat any customer less well because of fears or stigma around COVID-19, including harassment or discrimination because of race, national origin or disability.

IMMIGRANT SERVICES:

- Residents can seek and receive medical care regardless of immigrant status or lack of health insurance.
- During the COVID-19 crisis the Federal Government has stopped immigration enforcement at or near health care facilities, including hospitals, clinics, urgent care, and doctors’ offices.

TO REPORT POSSIBLE CASES OF DISCRIMINATION/HARASSMENT

If you are threatened with physical harm, *please call 911 immediately.*

New York State Bias and Discrimination Hotline 1-888-392-3644
 Nassau County Human Rights Commission 516-571-3662

ADDITIONAL RESOURCES:

Nassau County Bar Association covidhelp@nassaubar.org or visit www.nassaubar.org
 Nassau County Office of Minority Affairs 516-572-2240
 Nassau County Office of Asian American Affairs..... 516-572-2245
 Nassau County Office of Hispanic Affairs..... 516-572-0750

