

Press Release

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FOR IMMEDIATE RELEASE

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SAFE Glen Cove Coalition: January is Substance Use Disorder (SUD) Treatment Month

SUD Treatment Month is a national observance led by SAMHSA (Substance Abuse and Mental Health Services Administration) to raise awareness, reduce stigma, and promote accessible, evidence-based treatment and recovery for SUDs, encouraging individuals, families, and providers to learn about effective options like medication-assisted treatment (MAT) and support services.

Key Goals & Activities:

- **Raise Awareness:** Highlight that SUDs are treatable health conditions, not moral failings, and that recovery is possible.
- **Promote Treatment:** Share information about various treatments, including medications (like MAT), and encourage people to find the path that works for them.
- **Reduce Stigma:** Combat negative stereotypes that prevent people from seeking help.
- **Provide Resources:** Offer toolkits, data, and links (like [FindTreatment.gov](https://www.findtreatment.gov)) for individuals and providers.

How to Get Involved:

- **Share Resources:** Use toolkits and hashtags like [#SUDTreatmentMonth](https://twitter.com/SUDTreatmentMonth), [#TreatmentWorks](https://twitter.com/TreatmentWorks), [#RecoveryIsPossible](https://twitter.com/RecoveryIsPossible) on social media.
- **Learn More:** Explore SAMHSA's resources on their website.
- **Support Others:** Encourage loved ones and advocate for integrated care.
- **Seek Help:** Call or text 988 for crisis support or visit [FindTreatment.gov](https://www.findtreatment.gov) for treatment options.

The Substance Abuse and Mental Health Services Administration (SAMHSA) is a branch of the U.S. Department of Health and Human Services. It is charged with improving the quality and

availability of treatment and rehabilitative services in order to reduce illness, death, disability, and the cost to society resulting from substance abuse and mental illnesses. For more information about SAMHSA please visit www.samhsa.gov.

SAFE, Inc. is the only alcohol and substance abuse prevention, intervention and education agency in the City of Glen Cove and supports individuals in recovery. Its Coalition is conducting Alcohol, Tobacco and Other Drug prevention awareness campaigns entitled. "Keeping Glen Cove SAFE," to educate and update the community regarding substance use and its consequences. To learn more about the SAFE Glen Cove Coalition please follow us on www.facebook.com/safeglencovecoalition or visit SAFE's website at www.safeglencove.org.