

Press Release

October 5, 2026

FOR IMMEDIATE RELEASE

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SAFE Glen Cove Coalition: Bilingual Parent Life Skills Training October 27-December 8

Offered in Fall and Spring, this parent program is designed to help parents strengthen communication with their children and prevent them from using drugs. It contains materials and exercises that help parents teach their children the skills that help them resist the threats of tobacco, drugs and violence. These tools help parents prepare their children for a successful transition from adolescence to early adulthood.

The program is facilitated by Mrs. Laurent Caballero, Certified Life Skills Trainer in Spanish and English. Goals of the program are as follows:

- **Improved Parenting Tools:** Parents learn positive, evidence-based approaches to understanding child development, setting boundaries, and managing daily behavioral challenges.
- **Substance Use and Violence Prevention:** Parent training on how to talk to their children about resisting peer pressure, tobacco, drugs, and violence.
- **Language Comfort and Access:** Delivering the course in a bilingual format ensures non-native or primary-language-other- than English speakers grasp complex concepts without language barriers getting in the way.
- **Strengthened Family Communication:** Parents learn specific strategies to build open, honest dialogues with their children during critical developmental milestones, like the transition from adolescence to early adulthood.
- **Peer Connection and Shared Support:** Participating in a group setting allows parents to share real-world struggles, exchange local advice, and build a supportive network with other families facing similar cultural and social experiences.

- **Empowered Decision-Making:** Families learn a unified, collaborative family-approach to solving problems, making household decisions, and navigating external community systems.

This program is free to community members.

To register please call Life Skills Trainer Laurent Caballero at 516-671-7068.

Tuesday evenings, 7 pm-9 pm Deasy School, Room 105

Babysitting is provided

SAFE, Inc. is the only alcohol and substance abuse prevention, intervention and education agency in the City of Glen Cove and provides year round alcohol and substance use prevention education at school and in the community. To learn more about the SAFE or the SAFE Glen Cove Coalition please follow us on www.facebook.com/safeglencovecoalition or visit SAFE's website to learn more at www.safeglencove.org.